

God-Made Foods

Daily, we need many whole-food nutrients in our body. Eating food in its natural state has tremendous benefits. There are over 14,000 photolytic chemical constituents of nutrition in each one of these foods (modern science has only studied and named about 141 of them). When thinking about food choices, opt for the non-packaged/natural types as much as possible. The following shows some of the amazing benefits that God-made foods have for our bodies, that could save your life!.

A sliced Carrot looks like the human eye. Science shows that carrots greatly enhance blood flow and function of the eyes.



A Tomato has four chambers and is red. Just like the human heart. All of the research shows tomatoes are indeed pure heart and blood food.



Each grape looks like a blood cell and research shows that grapes are a blood vitalizing food for the cells.



A Walnut looks like a little brain. Walnuts help develop over 3 dozen neuron-transmitters for brain function.



Kidney Beans actually heal and help maintain kidney function and they look like the human kidneys.



Celery, Bok Choy, Rhubarb and others look like bones. These foods specifically target bone strength.



Eggplant, Avocados and Pears target the health and function of the womb and cervix of the female - they look like these organs. Research shows that when a woman eats 1 avocado a week, it balances hormones, helps to shed unwanted weight and can prevent cervical cancers. It takes exactly 9 months to grow an avocado from blossom to ripened fruit.



Sweet Potatoes look like the pancreas and balance the glycemic index of diabetics.



Olives assist the health and function of the ovaries.



Grapefruit, Oranges, and other citrus fruits look like the mammary glands of the female assist the health of the breasts and the movement of lymph.



Onions look like body cells. Research shows that onions help clear waste materials from all of the body cells. They even produce tears which wash the epithelial layers of the eyes.

